



Edited by  
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## My wish list...



### Here Comes the Sun...

Forget Saddam, Osama and Katie Price, volcanoes have become the new hate figure for the hopeful traveller. For those of us who were lucky enough to get away, one word - sun! Alas, I forgot how

wonderful it was to bask in the sun's rays (with SPF 25 on of course!); my freckles are out, my skin is exfoliated and my hair and nails have grown considerably. I heart you Mr Sunshine...

### The Power of Ten

The new Italian Ten Luminous Facial Treatment is now available at Karma Beauty Salon in Hollywood and is specifically for women who have said 'no' to plastic surgery or needles.

You also get an amazing arm massage too! All of the Ten Skin Care Facials (£90) are matched with take-home products too! Try the Miracle Cream System, £69, and the Miracle EyeLip Concentrate, £45 (Available from Karma, 115 High Street, Hollywood, (028) 9042 4420)



### Lock-ed Down

He may be glorious but too much of Mr Sunshine can also ravage our luscious locks. My advice? Get yourself down to Andrew Mulvenna's pronto; he has just introduced the legendary Chronologiste Kérastase Ultimate Cure for Hair and Scalp and this

is a treatment like no other. Even poor souls sporting the frizzy poodle-just-got-electrocuted look can have their tresses treated and transformed! Chronologiste Kérastase treatment - £30 plus free blowdry, available from Andrew Mulvenna Hair and Beauty Spa (028) 9024 9191



## IN! Loves



### ALL THINGS THAI!

Thai food, Thai beauty; I'm lurrving all things Thai right now. Try the Thai Spa at the gorgeous Lough Erne Resort in Co. Fermanagh. The Soul Revival body massage soothes your weary soul with a warm Thai herbal poultice. (1 hour Soul Revival at the Lough Erne Resort costs £75. Visit: [www.LoughErneResort.co.uk](http://www.LoughErneResort.co.uk) for more info). Now, in the spirit of things, where's the number for that Thai takeaway I love... what? My holiday diet is O.V.E.R!



### RODIAL'S GLAMOXY SNAKE SERUM

Freeze that crease with Rodial's new line-smoothing, wrinkle-eradication potion infused with a powerful neuro-peptide that lifts and plumps in an instant! (£125 - Available from Space NK, Belfast)



IN!  
tests  
the  
best

## DIY Whitening Kits

Say Cheese! OK, so we don't necessarily want the luminous white look à la Mr Cruise or Mr Cowell but we do want pearly whites. Whiten your own teeth with some of these fab DIY kits...



### Dr George's Teeth Whitening

Dr George's Dental White has taken the US by storm, and now it's doing the same over here. These kits are so good they were even featured on Oprah!

The kits use a patented, proven method for bleaching teeth at home, and the customisable mouth trays whiten all your upper or lower teeth at once. £24.99 - Available from [www.smile4you.co.uk](http://www.smile4you.co.uk) \*Type in the code 'INMAG' to receive your exclusive IN! 15% off!



### Rio Blue Light Technology Kit

The Rio kit really is a breakthrough in teeth whitening; it contains no

peroxide, which means no painful reaction with sensitive teeth. The treatment combines a gel with blue light technology to remove all sorts of nasty stains caused by nicotine, coffee and red wine. £29.99 - Available from Argos.



### The Smile Place Teeth Whitening System

This kit is identical to those used in

dental practices, without the hefty price tag. Customised gum shields are made from your impressions and you simply put some gel into the gum shields and wear them for an hour once or twice a day. You will notice a difference within three days. £99 - Available from [www.thesmileplace.co.uk](http://www.thesmileplace.co.uk) \*Receive £15 off! Exclusive to IN! readers. Simply type in the promotional code 'inmagazine' to receive your discount.



### Boots Expert Teeth Whitening Programme

The Boots' kit is quick, easy to use and reliable. It doesn't

contain peroxide either, which isn't permitted in the UK, and is also one of the few products of this kind to receive approval from the Cosmetic Product Regulators. £27.99 - Available from Boots